

SPECIAL DISCOUNT

Pasco County Employee

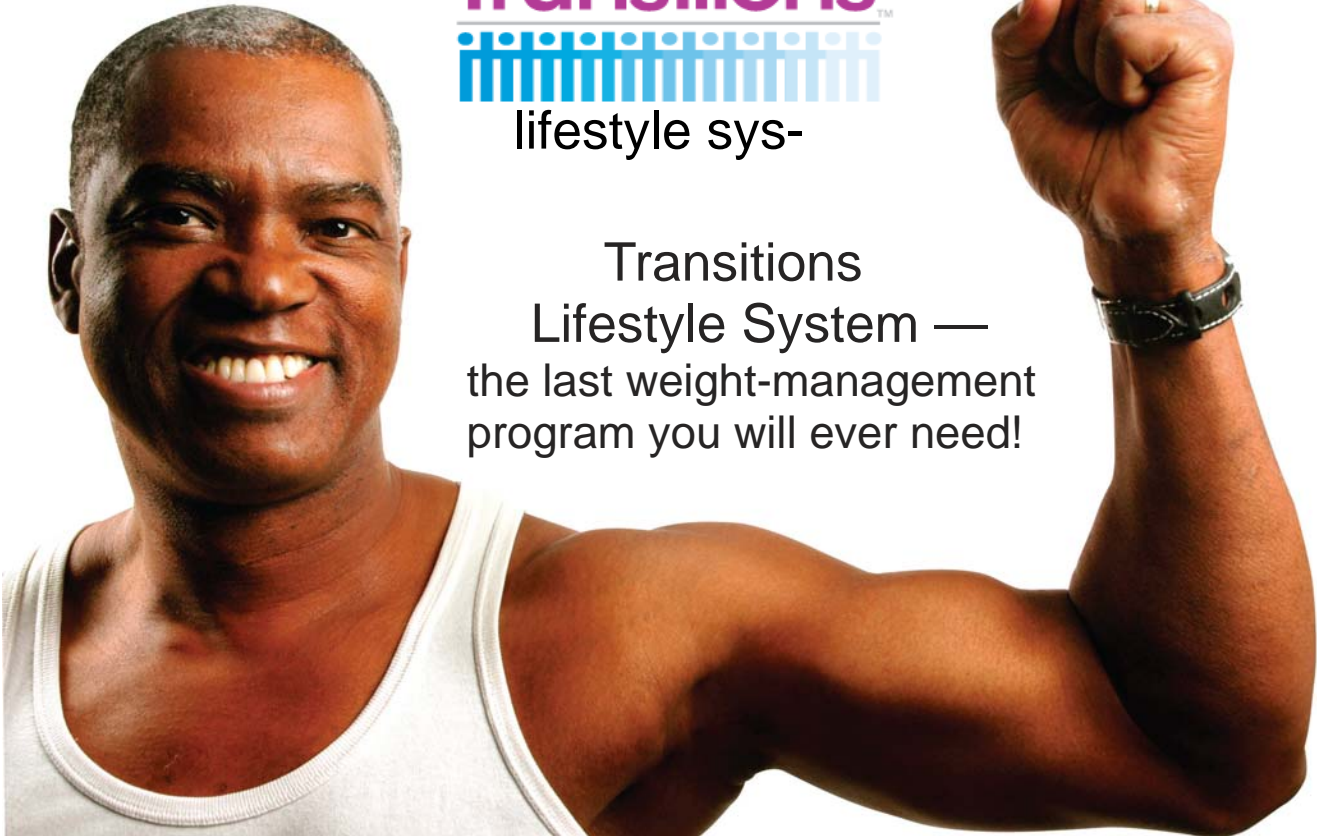
12 week classes normally \$250.00 Employees pay only \$175.00

Transition to a Healthier *You*

Get the results you have always wanted with the Transitions Lifestyle System®. Attend my Transitions™ Overview Seminar and learn about low-glycemic eating, exercise, stress reduction and supplementation. Find out why this system works! Both individual and group classes are available. Classes now forming! Discounted classes for children are also available.

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Transitions
Lifestyle System —
the last weight-management
program you will ever need!



For more information call:
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